Non-invasive Neuromodulation in Pain Treatment

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Neuromodulation in Pain Medicine

- Electrical therapy in nature
- Modulating pain perception and induction by electrical stimulus
 - Curing headache with electric shocks from torpedo rays in Roman times (c. 1)
- Ranging from surgical to noninvasive technologies
 - Last-resort to option for preventive management



Overview of Methods



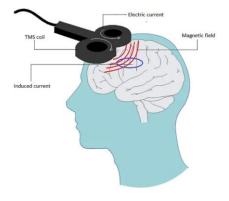
Invasive

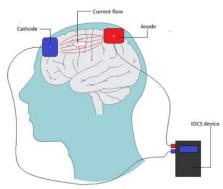
- Motor Cortex Stimulation
- Spinal Cord Stimulation
- Deep Brain Stimulation



Non-invasive

- Transcranial Magnetic Stimulation (TMS)
- Transcranial Direct Current Stimulation (tDCS)

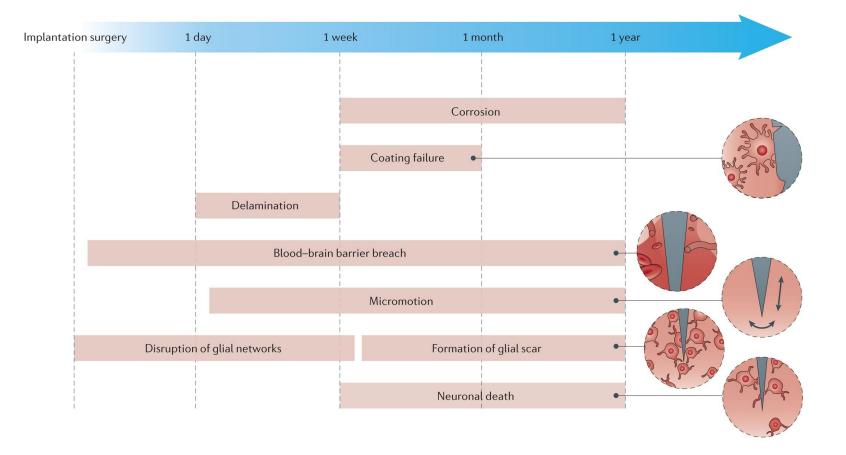




Szymoniuk M, Chin JH, Domagalski Ł, Biszewski M, Jóźwik K, Kamieniak P. Brain stimulation for chronic pain management: a narrative review of analgesic mechanisms and clinical evidence. *Neurosurgical Review*. 2023;46(1).

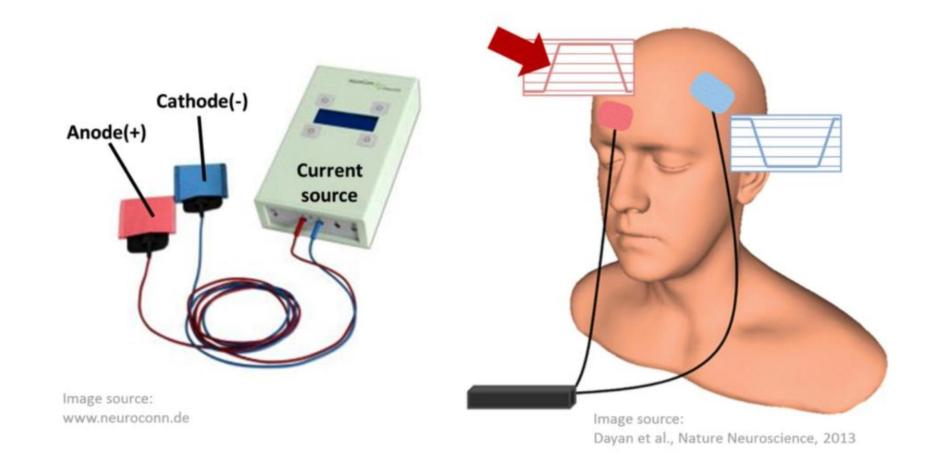


Underlying Issues with Implants



Transcranial Direct Current Stimulation (tDCS)

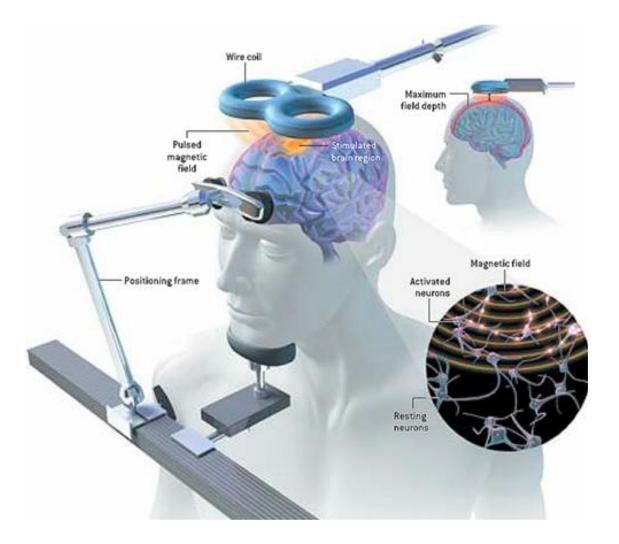






Transcranial Magnetic Stimulation

- Electrical stimulation inducted by external coil
 ~ 1 to 3 Tesla
- Lower clinical risks
- No upfront costs for patients
- Applicable to multiple cortical regions

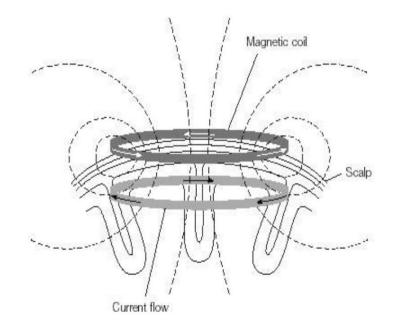


TMS vs. tDCS :



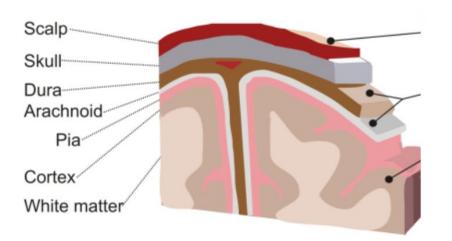
Magnetic fields:

Good penetration with little interference



Electric fields:

Susceptible to individual differences; Everything 'on route' affects the stimulation course and intensity



- Cost and treatment environment
- Regulatory approval (FDA indications)

Source: A. Sack (MUMC)



Levels of Evidence of TMS

A: High certainty on net benefit

B: Moderate -

sufficient to determine effects but confidence is constrained by various factors

C: Insufficient

- Neuropathic Pain @ M1
- Posttraumatic brain injury related headache
- Neuropathic Pain @ F3
- Postoperative Pain @ F3
- Acute Migraine
- Migraine Prevention

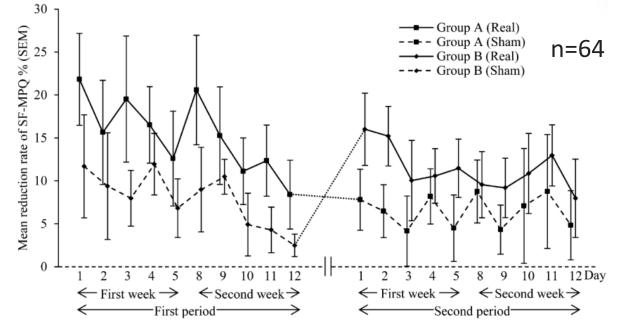
Neuropathic Pain

No comorbid depression

- 5 10 sessions
 - 1 3 day interval
- 10 20 Hz
- 2000 3000 pulse / session
- Intensity
 - 80-90% Resting Motor Threshold (RMT)
- <u>Target site</u>
 - Unilateral NP: contralateral M1
 - Diffuse NP: Left DLPFC

NP + MDD

- > 10 sessions
- Bi-weekly to monthly maintenance sessions recommended





Hosomi et al. (2013). Daily Repetitive Transcranial Magnetic Stimulation of Primiary Motor Cortex for Neuropathic Pain

Acute Pain



Acute Migraine

• Administered by *single pulse TMS* (sTMS) devices



• Intensity: ~0.9 Tesla

3 sequential pulses (early) at the onset of migraine Wait 15 minutes If needed, treat with additional 3 pulses Wait 15 minutes

If needed, treat with additional 3 pulses

Prevention of Migraine

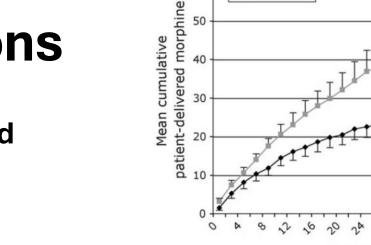
- ESPOUSE Study (2014-16)
 - n=263, open-labelled
- Reduction of 2.75 headache days per month
- 46% responder rate

Treat with 4 pulses each morning and evening 2 consecutive pulses Wait 15 minutes Repeat the 2 consecutive pulses

Other pain conditions

Posttraumatic brain injury related headache

- 5 sessions (no MDD)
- > 10 sessions (+MDD)
- 10 20 Hz
- 80-90% RMT
- left MC or left DLPFC
- left DLPFC (+MDD)
- Maintenance



50

Active TMS Sham TMS



Borckardt (2008)

8 52

Postoperative Pain

- 10 Hz
- Left DLPFC
- Mean 40% reduction in morphine use during hospitalization for gastric bypass surgery

Hour after Surgery

TMS variables

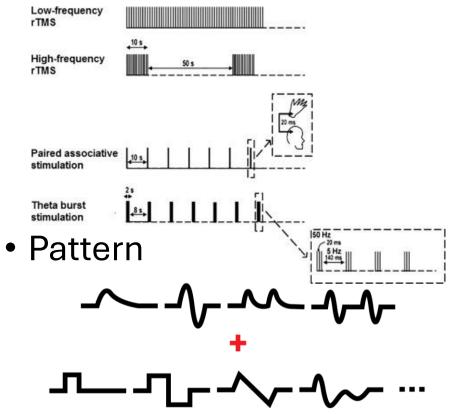
Physical / "Hard" variables

• Coil type



Paradigm / **"Soft"** variables

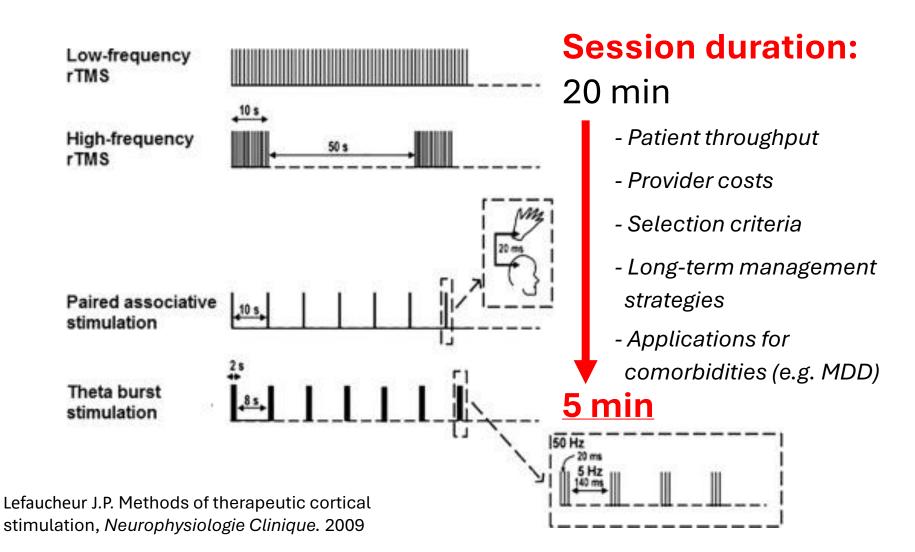
- Frequency
- Intensity







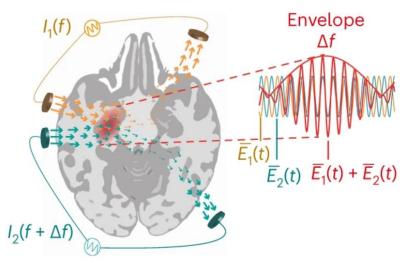
Engineering Advancement driven by Operational Needs



Engineering Advancement Supporting Treatment Discovery



- Limited by pathways to regulatory approval
 - FDA: 510(k) vs. *de novo*
- New tech tweaking *Strength-Duration* "dosage" in neuromodulation
- Precision across depth
 - Reaching capabilities of invasive counterparts
- Maintenance therapy optimization
 - Avoid / delay relapse and re-admission
 - Shifting to primary care / office-based

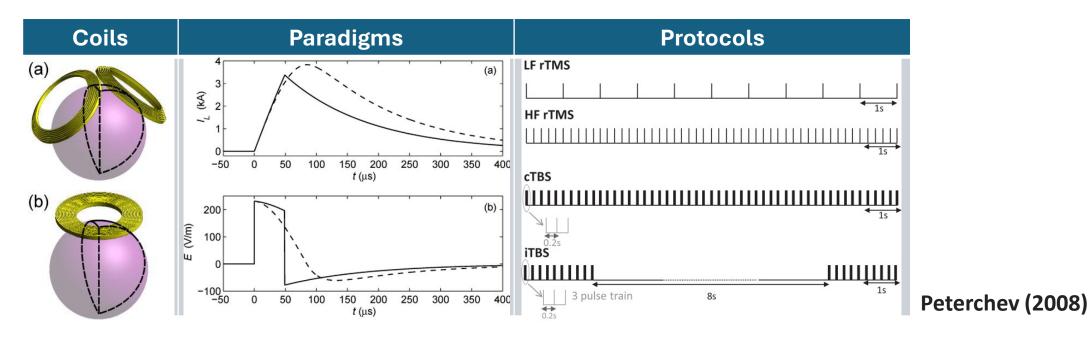


Violante / Grossman (2023)

Aims



- Develop a more advanced TMS prototype which:
 - Enable higher resolution, higher penetration and new protocols for clinical needs
 - Is ready for delivery to AIC for further clinical trials relating TMS parameter & pain relief
- Enhance translational medicine collaboration between local <u>Engineering</u> & <u>Medical</u> research groups with a focus on pain research.
- Set a cornerstone platform for further translational research and technology transfer → from hardware (e.g. coils) to new clinical treatment protocols.



Conclusion



- Non-invasive neuromodulation as a viable treatment option for chronic **neuropathic pain** management and alternative for treating other pain conditions
- Sustainable improvements possible by maintenance treatments
- Technological advancement improves inclusion and long-term efficacy by driving costs down



Project team @ Zhang Research Lab



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Reference



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Q & A



Thank you!



Feel free to contact me at edwin@link.cuhk.edu.hk !